Inner Peace in Islam: Said Nursi's Perspective Associate Professor Zuleyha Keskin

Inner peace is a state that all individuals yearn for. All faiths have proposed a way to attain inner peace and Islam is no exception. Said Nursi, a contemporary 20th century scholar, has had a strong focus on inner peace in his magnum opus, the Risale-I Nur. In his work, Nursi draws on Islamic principles to propose a worldview where life events can be given a meaning in a way that satisfies the heart and mind. Keskin calls this worldview a 'tawhid-centric worldview'. This presentation will discuss the three components that contribute to a tawhid-centric worldview which leads to a state of inner peace. Witnessing God in everything, essential and relative beauty, and giving meaning to major calamities.

Zuleyha Keskin is the Course Director at the Centre for Islamic Studies and Civilisation, Charles Sturt University. She is also a lecturer in Islamic spirituality and contemporary Islamic studies. Zuleyha is a co-founder of ISRA Australia, the Managing Editor of the Australian Journal of Islamic Studies journal and the President of the Australian Association of Islamic and Muslim Studies.